

WHAT IS FAMILY VIOLENCE?

Family violence is any violent, threatening or emotionally/psychologically coercive behaviour that occurs within the family.

This includes:

- Physical injury
- Direct threat
- Sexual assault
- Actions causing emotional or psychological distress
(e.g being forced to avoid friends and family or any behaviour causing a person to live in fear)
- Damage to property
- Forced restraint



Types of Legal Protection

You may apply for legal protection from the Family Justice Courts via www.judiciary.gov.sg/services/ifams



PERSONAL PROTECTION ORDER (PPO)

Restrains respondent from committing family violence



EXPEDITED ORDER (EO)

Temporary court order before the PPO is being issued if there is imminent danger of violence



DOMESTIC EXCLUSION ORDER (DEO)

Excludes or restricts respondent from all, or part of the applicant's residence

Frequently Asked Questions:

- Q1 Who can a PPO protect me from? It can protect you from family members
- Q2 How do I make an application? Approach any Protection Specialist Centre or the Family Justice Courts
- Q3 How long does it take to obtain a PPO? It may take within 1 to 3 months from application. EO may be issued earlier.



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WHERE CAN I SEEK HELP?

National Anti-Violence & Sexual Harassment Helpline (NAVH)



TO REPORT A CASE OF VIOLENCE OR ABUSE:

Call the NAVH at 1800-777-0000; or make an online report via the NAVH Reporting Form: <https://go.gov.sg/navh>

If there is imminent danger to your/the victim's life and safety, call the Police at 999 or SMS 71999 for immediate assistance.



Scan the QR code above for the NAVH Reporting Form

Family Service Centres (FSCs)



FSCs are community-based social services that offer a range of social support services for the public. They can help with financial, parenting, marital, family or personal problems. Anyone – regardless of age, race, language or religion – can get help at the FSC. There are 48 FSCs island-wide, run by social service agencies.

Find your nearest FSC -

<https://www.msf.gov.sg/our-services/directoriestv>



Scan the QR code above to find your nearest FSC

Protection Specialist Centres (PSCs)



PSCs provide social and emotional support for clients experiencing all forms of violence, including domestic violence and sexual violence. The two PSCs in Singapore are TRANS SAFE Centre and Care Corner Project StART.

You can also approach PAVE Integrated Services for Individual and Family Protection Specialist Centre (ISIFPSC), a one-stop integrated community-based service for individuals and families experiencing violence.



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WHERE CAN I SEEK HELP?

Community Justice Centre



Lawyers from Community Justice Centre (CJC) will facilitate negotiation between divorcing couple for matters such as child custody and division of matrimonial assets as to file for uncontested divorce.

LOOKING FOR FINANCIAL SUPPORT?

Social Service Office (SSO) will administer ComCare financial assistance and assess your eligibility for assistance

ComCare Hotline: 1800 222 0000

ComCare Interim Assistance



Provides immediate financial assistance for lower-income individuals or families who require urgent and temporary financial relief.

Apply at Social Service Offices, Community Centres or Family Service Centres

ComCare Short-to-Medium Term Assistance (SMTA)



Provides temporary financial assistance for lower-income individuals or families who are temporarily unable to work, looking for a job or earning a low income and require assistance.

- **Online via SupportGoWhere** (<https://supportgowhere.gov.sg/grants/smta>)
- Alternatively, visit your nearest **Social Service Office to apply in person**



LOOKING FOR OTHER SUPPORT?

SUPPORTING CHILD OR YOUTH WITH BEHAVIOURAL CONCERNS

Family Guidance Order Screening



Parents may apply for the Youth Court's assistance to issue a 'Family Guidance Order (FGO) for their child/youth, who is below 16 years old of age and display serious behavioural challenges.

Before applying for a FGO, Parents must first arrange for an appointment to undergo a Pre-FGO screening with either of the appointed agencies below:

- **SINGAPORE CHILDREN'S SOCIETY**
6273 2010
www.childrensociety.org.sg
- **EPWORTH COMMUNITY SERVICES**
6562 2211
www.epworth.sg

SEEKING ASSISTANCE FOR ELDERLY AND DEMENTIA

Agency for Integrated Care (AIC)



AIC helps to connect relevant financial support and resources to caregivers of persons with dementia or mental health conditions

- **AGENCY FOR INTEGRATED CARE HOTLINE**
1800-650-6060 www.aic.sg

SEEKING ASSISTANCE WITH AUTISM

Autism Resource Centre (ARC)



ARC helps individuals with autism to maximise their potential in life through provision of services in education, employment and empowerment of family caregivers/professionals

- **AUTISM RESOURCE CENTRE**
6323 3258 www.autism.org.sg

