



**POLICE
LIFE**

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HONOUR FOR BRUNEI'S POLICE CHIEF

BY-ELECTION SPECIAL FEATURE

COPS EXTENDED TO SIX MORE NPCS



SMALL STEPS
TOWARDS A BETTER YOU



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ON THE COVER

The Distinguished Service Order was presented by Singapore to the Commissioner of Police of the Royal Brunei Police Force (RBPF), Pehin Haji Hasrin. Find out about his distinguished career in the RBPF.

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EDITOR'S NOTE

I have been through three general elections, two presidential elections and two by-elections since I joined the Singapore Police Force (SPF) in 1997. Interestingly during each of the three general elections, I was in a different department in the SPF and experienced first-hand the different aspects, specifically the intelligence, manpower planning and public affairs aspects, of the security operations that the SPF undertakes during such elections. For every one of those elections, I saw how the SPF was fastidious about ensuring that it did better than the last operation.

It is along this same go-getting drive for excellence that the SPF aligns itself with like-minded forces in the region, such as the Royal Brunei Police Force (RBPF). The Commissioner of RBPF, Pehin Haji Hasrin was conferred the Distinguished Service Order by Singapore for his role in spearheading close collaboration between the RBPF and the SPF in various facets of policing. We bring you the cover story in this issue of *Police Life*.

For the special feature on the Punggol East by-election (BE) security operations, I was intrigued to find out about the Police's "planking" idea, from DAC Keok Tong San, Commander of Ang Mo Kio Police Division, who oversaw the BE ground operation. The *Police Life* team tracked down officers who had experienced election-related operations for the first time, and these officers shared candidly, their thoughts and experiences with us. And to top it off, we also captured an "outsider's" perspective, as one of our interns shares his first-hand experience observing the police operations.

The issue is rich with other happenings in the SPF. Results of the "Point and Shoot" and "Caption This" contests are also revealed in this issue. And if you missed out on the contest, stay tuned for more contests in our upcoming issues!

Happy reading everyone.

Leena Rajan
Senior Editor
Police Life



LETTER OF COMMENDATION FOR SGT NORFARIZAL AND INSP (NS) HAKIM FROM MARINA BAY NPC

I am writing to commend SGT Norfarizal and INSP (NS) Hakim from Marina Bay NPC for their excellent and professional performance in assisting my aged father-in-law (Mr Foo, 81 years old) who lost his way, fell and hurt his head at Bugis Village.

My father-in-law, who accompanied my mother-in-law to Singapore General Hospital (SGH) for medical treatment, had decided to leave the hospital (after a long wait) without informing my mother-in-law. When my mother-in-law completed her treatment in SGH, she was anxious as she discovered my father-in-law was missing.

At 6.14 pm, SGT Norfarizal contacted me to inform that he had found my father-in-law at Bugis Village and he had a fall and refused to be sent to hospital for treatment. The officers gave me clear and specific instructions on where to meet them and my father-in-law.

Knowing that my father-in-law has a strong personality and character, I am very grateful to the two police officers for their patience in handling him well and contacting me promptly. I am glad that he is safe now.

I would like to convey my deepest appreciation to these two police officers for the assistance they had rendered to my father-in-law. Thank you once again to SGT Norfarizal and INSP (NS) Hakim for the job well done.

Yours sincerely,
Ms Valerie

You Were
SAYING

In our previous issue, we invited you to provide creative captions for the photograph below.

Congratulations to Jasmine Yang Si Ting for coming up with the winning caption:

Jasmine and these four other members of the public have won themselves an exclusive <C.L.I.F. 2> T-shirt.

- 1) Jacelyn Angkasa
- 2) Ng Xiu Yuan, Ylva
- 3) Christopher Pang
- 4) Yong Chang Jun

The next five winners have won themselves a <C.L.I.F.2> poster:

- 1) Goh June Mui, Celest
- 2) Ng Xiu Yuan, Ylva
- 3) Ng Yuan Sheng
- 4) Christopher Pang
- 5) Special Constable Wong Xiangyang Jeremy

Congratulations to all winners!

WINNERS OF
"CAPTION
THIS!"
CONTEST



Is the truth really what we see? - Jasmine Yang



HONOUR FOR

BRUNEI'S POLICE CHIEF

The Commissioner of Police of the Royal Brunei Police Force Yang Dimuliakan Pehin Orang Kaya Pendikar Alam Dato Paduka Seri Haji Hasrin Bin Dato Paduka Haji Sabtu was conferred the Darjah Utama Bakti Cemerlang, or the Distinguished Service Order, by Singapore, for his outstanding contributions in fostering close bilateral ties and cooperation between the Royal Brunei Police Force and Singapore Police Force (SPF).

The Bruneian Police chief, who has 40 years of policing experience under his belt, was awarded the top honour by President Tony Tan Keng Yam at the Istana's State Room in a ceremony held on 3 January 2013.

Pehin Haji Hasrin began his service in the Royal Brunei Police Force in 1973. He progressed rapidly through the ranks and held various key appointments in the Force. Pehin Haji Hasrin reached the pinnacle of his profession when he was appointed the Commissioner of the Royal Brunei Police Force on 13 September 2010.

In his citation for the award, Pehin Haji Hasrin was credited for the excellent collaboration of both police forces in the areas of investigations, training and the sharing of information and intelligence which has yielded tremendous operational successes for both countries in combating terrorism and transnational crime.

Pehin Haji Hasrin's constant advocacy for extensive bilateral co-operation has also led to the deepening of ties and the development of exceptional rapport between officers of both countries.

On the morning of the conferment ceremony, Pehin Haji Hasrin paid courtesy calls on Prime Minister Mr Lee Hsien Loong, Deputy Prime Minister Mr Teo Chee Hean and the Commissioner of Police Ng Joo Hee. A Dining-In was held later that night at the Senior Police Officers' Mess in honour of Pehin Haji Hasrin's contributions to the SPF. 📷





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SPECIAL FEATURE


Police Life

By Joyce Lim, The Straits Times

Photos by SSgt Edwin Lim Jia Zhong

RALLYING TO ENSURE SAFETY FOR RALLY GOERS





Crowd control a key challenge for police commander at polls as emotions can run high.

Deputy Assistant Commissioner of Police (DAC) Keok Tong San, who took command of Ang Mo Kio Police Division last February, has a unique entry in his service record.

The first-time division commander is possibly the only officer to

have led security operations at two consecutive by-elections – in Hougang last May and Punggol East last month – within his first year as commander.

The last by-election before Hougang and Punggol East was in Marine Parade GRC back in 1992.

It just so happens that the Hougang edition last May occurred less than three months after DAC Keok took over the division that he is responsible for maintaining law and order in.

"I have been involved in previous general elections, although not as a commander," said DAC Keok.

The 42-year-old recounted his experience in an interview with The Sunday Times last week.

Ang Mo Kio Police Division, which is codenamed "Foxtrot" or "F Division", serves a residential population of more than 1.4 million, the largest among all six land divisions.

A key challenge of the assignment during both by-elections was crowd control.

DAC Keok said more than 200 officers were deployed to rally sites, with the crack troopers from the elite Special Operations Command on standby. But in a rally, the officers can count on being outnumbered, adding to the risks of the operation.

"When faced with large crowds of between 8,000 and 10,000 people in one confined location, emotions can run high, people can be loud, boisterous and uncooperative and even challenge the authority of our

police officers on the ground," said DAC Keok.

Party supporters, however, were generally well-behaved, except for one night when a group of close to 100 supporters of the Workers' Party (WP) stood in the middle of the road and refused to disperse after the last WP rally on Jan 23, he said.

"They were waiting for their candidates, not knowing that the candidates had already left. But we needed to open the roads to residents in the area and we had to be firm and told the group to move off the road, even though there was some jeering."

The WP's media coordinator, Mr Christopher Lim, commended the police for standing firm without having to use force.

"It was close to 11pm and we saw the crowd jamming up the road," recalled Mr Lim, 42. "We were afraid that the police would turn harsh on the supporters, but instead, they approached us to help them tell the supporters that the candidates had already left."

DAC Keok said that both by-elections went smoothly, with no cases of violence.

No police reports were lodged during the Hougang by-election, but Reform Party candidate Kenneth Jeyaretnam, 53, filed two reports about e-mail threats that he received during the Punggol East by-election.

Two suspects were nabbed in just over a week and investigations are still ongoing.



Aside from security and crime fighting operations, Foxtrot officers also had to ensure the safety of supporters who turn up at rallies.

For instance, DAC Keok decided on building temporary steps at rally sites so that supporters would not run the risk of slipping when climbing up slopes to rally grounds.

The officers also had to cut shrubs and fencing, as well as remove railings, to create wider access paths during the by-election period.


Roads were also closed to traffic, to allow quick and safe dispersal of crowds from rally sites.

But the most significant police effort, according to People's Action Party activist Tang Wing Fai, 42, was laying planks on the grass fields where rallies were held during the Punggol East by-election, an initiative thought up by DAC Keok to ensure the safety of the public.

"The police planked up the entire field, regardless of which party was holding the rally," said Mr Tang.

Planning for both by-elections took up a significant amount of DAC Keok's time and effort, but he still managed to ensure that the overall crime rate in his division remained low. In fact, it dropped by 2 per cent last year.

Serious crimes such as robbery, snatch theft and outrage of modesty fell by 12 per cent, he said.

"I couldn't have done this by myself. It was an entire police effort that ensured a successful operation. That was the police spirit that kept me going." 

TEAM EFFORT

“ I couldn't have done this by myself. It was an entire police effort that ensured a successful operation. That was the police spirit that kept me going. ”

DEPUTY ASSISTANT COMMISSIONER
KEOK TONG SAN

POINT AND SHOOT

CONTEST WINNERS

Here are the top 3 winners of the Point and Shoot contest that was held to capture officers in action during the Punggol East by-election.



1st Prize

Digital photo frame - Sergeant Azri Mohd Saris,
Ang Mo Kio Police Division



2nd Prize

Exclusive Police Life iPhone case and pouch -
SC/Corporal Bakari Hassan, Clementi Police Division



3rd Prize

Exclusive Police Life iPhone case and pouch - Station
Inspector Fairouz Jusmi, Ang Mo Kio Police Division

If you are an enthusiastic shutterbug, join the Police Photographic Society! Members will have the opportunity to cover major police events and functions and even go for specialised courses and participate in photo-taking outings! Email to photography@spf.gov.sg for further details! 📷



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SPECIAL FEATURE

Police Life

By SC Muhammad Idaffi Othman

Photos by SSgt Edwin Lim Jia Zhong & Sgt Chee Yong Tat

IN OUR OWN WAYS

As with all nation-wide events, Police officers from the various departments worked hand-in-hand to deliver a smooth security operation for the Punggol East By-Election (BE).

A number of officers were deployed for BE duty for the very first time and helmed various roles which contributed to the success of the event in their own little ways.

This article brings you the unique experience of four of these officers from the Traffic Police (TP) department, Ang Mo Kio Police Division, Public Affairs Department and Security Command.

Ensuring smooth traffic flow

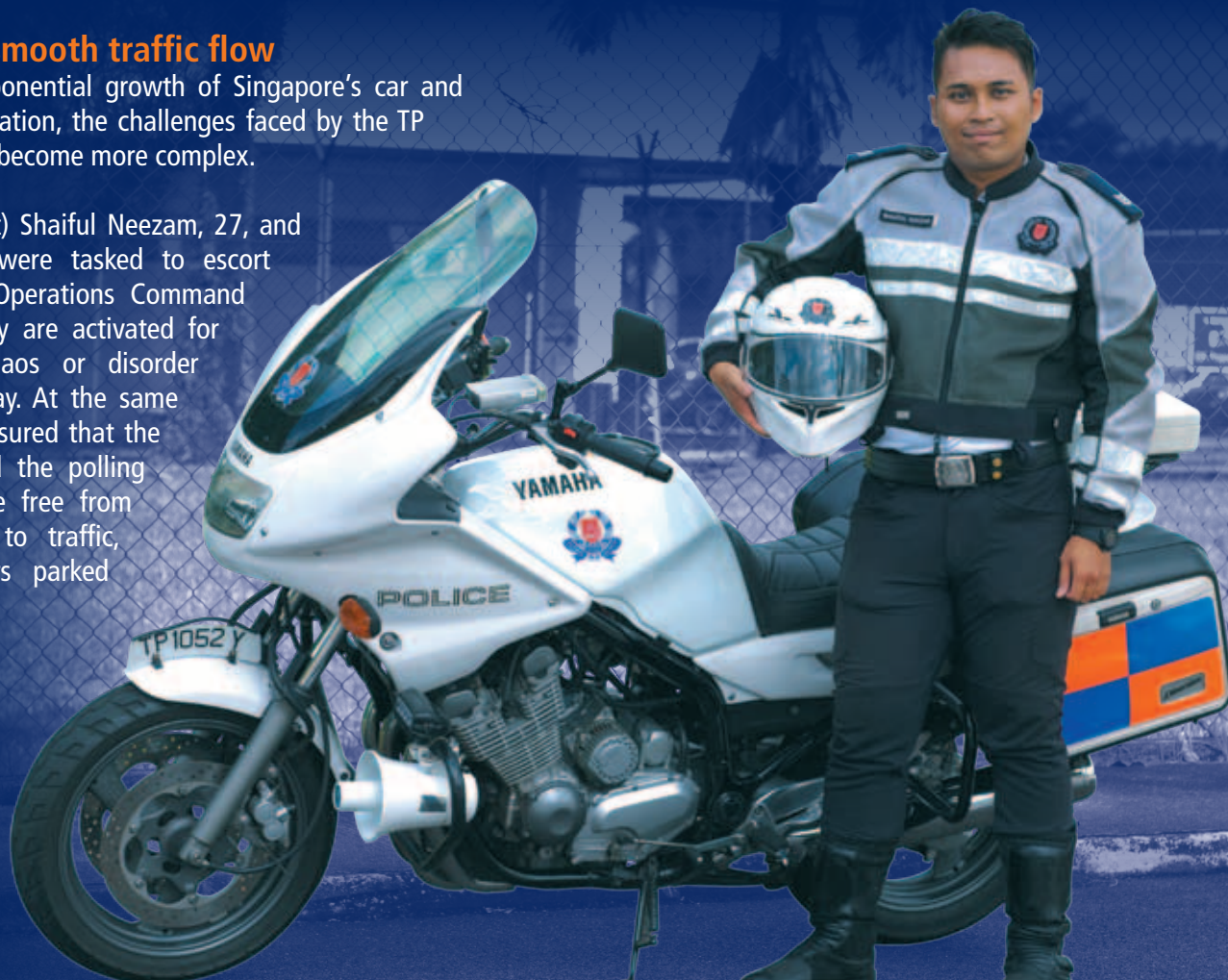
With the exponential growth of Singapore's car and human population, the challenges faced by the TP officers have become more complex.

Sergeant (Sgt) Shaiful Neezam, 27, and his partner were tasked to escort the Special Operations Command troops if they are activated for cases of chaos or disorder on polling day. At the same time, they ensured that the areas around the polling stations were free from obstructions to traffic, such as cars parked illegally.

The guidance and detailed briefings given by their supervisors helped tremendously in their preparation, especially in their mental preparation.

Sgt Shaiful cited, "Even if the many hours of standby take a toll on us, we have to do what we have been tasked to do as this is our duty to the nation."

The experience taught him the importance of Traffic Police's role in such national events and he was proud to be able to contribute.



Guarding the public's safety

Corporal (Cpl) Jason Wee, 25, from the Ang Mo Kio Police Division, performed crowd control duties and ensured smooth human traffic flow at the rally sites. In addition, he was also responsible to ensure the general safety of the rally attendees and to give directions to the general public.

Cpl Wee, who works as a Neighbourhood Police Centre (NPC) Officer at Serangoon NPC, said, "The crowd size is huge and thus, hard to handle. But I am happy that my partner and I are able to assist each other in our duties."

It was not too tough carrying out his duties despite this being his first ever election duty as his team was briefed by their team leader on their specific roles and their coverage area. This, according to Cpl Wee, gives a first-timer like him a clear idea on what he needs to do during his deployment.

He has only been in the Force for a year and a half, but he is thankful that the operations took place without any hiccups.



Managing media queries

Twenty six-year-old Ms Chelsa Cher only joined the Police Force about nine months ago as a Media Relations Officer (MRO) in the Public Affairs Department.

During the BE, Ms Cher was deployed for one of the rallies to aid the ground commander when media engagement is required. Besides that, she also helped

handle BE media queries related to the Police that fall under Police's purview. She also had to put up a daily media summary report on BE matters that may be of relevance to policing. Together with the rest of the MROs, they worked tirelessly as a team to manage the media issues.

As a civilian officer who was not that familiar with the procedures and protocol of such large-scale operations, she was glad that she was given thorough briefings on the "whats" and "hows" of the deployment by her supervisor and colleagues.

She said, "Contributing my services in this operation was a very interesting and enriching experience for me. It was eye-opening to see the breadth and depth of Police operations, especially in media relations."

Unlike past years where she saw the elections from the eyes of the public, this year, her participation in the BE as a Police MRO made her appreciative of the efforts and resources invested by the Singapore Police Force in ensuring the safety of election-goers.





Providing security to the politicians

Representing the Security Command (SecCom) for the first time during the BE is Cpl Muhammad Nazree Bin Jabar, 22. His main tasking was to conduct bomb sweep at the venues to ensure that there are no devices or objects that could inflict danger to the politicians.

Despite this being his first time carrying out election duties, his three years' experience in SecCom has taught him well to protect his assigned protectee in any event.

One of the common dangers that he looks out for is the presence of drunken persons in close proximity to the protectee. His experience as a Neighbourhood Police Centre Officer in 2009-2010, coupled with the training he has undergone as a Personal Security Officer, has taught him how to quickly identify signs of a drunken person.

As the crowd size was huge and the politicians wanted to be up close to the audience, Cpl Nazree had to be alert and expand his vigilance radar. To prepare for this important deployment, he said, "I kept myself updated on the BE and paid close attention to instructions given by my supervisor as every officer has his own unique responsibilities during the event."

Conclusion

Although each officer faced different challenges in carrying out their duties, through teamwork and their own perseverance, they all came together as a Force for the nation. Kudos to all officers involved! 🇲🇾







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SPECIAL FEATURE

Police Life

By Mr Edwin Teo Zhijie, Publications Officer (Intern), Public Affairs Department

Photos by SSgt Edwin Lim Jia Zhong and Sgt Chee Yong Tat

THROUGH GREEN EYES

It is difficult to get young people interested in politics. As a 20-year-old, I would know. I faced similar trepidation when I was tasked to observe the recent Punggol East by-election (BE) as part of my internship with the Police Public Affairs Department. However, it turned out to be a welcome experience.





Nominations

North Vista Secondary School was bustling with activity on 16 January. The boisterous crowd cheered when the nominated candidates were announced. An elderly couple passing by mistook it for a school carnival. It was a refreshing surprise from the tense rivalry I was expecting.

I watched the police officers in action behind-the-scenes: they were observing the areas for suspicious activity, managing the crowds, directing traffic, and monitoring the closed-circuit television cameras that captured the goings-on at the BE. As the crowd dispersed for lunch, I looked forward to the next stage of the BE.

Rallies

Rallies took place over several nights from 18 to 24 January. In spite of the relentless drizzle for several days, energy at the rallies was high. It was interesting to see how excited people can be in showing their support for the political parties.

People were friendly all around. I observed political party members interacting with members of the public, casually chatting about their lives and topics like the latest football matches.

Indeed, the police officers at the scene were also very approachable. They kindly provided directions to people who were lost and answered any queries that people had. I even noticed an officer obliging a group of people's request to take a photo. The Police demonstrated an easy calm and readiness in doing their jobs.

Polling Day

Thousands of voters queued at various polling stations on 26 February to cast their vote. Afterwards, supporters gathered in groups to cheer on their respective parties. Everything was quite orderly, a befitting end to the BE.

Supporting the By-election

The Police had us under watchful eyes throughout the BE. They worked both in the frontline and behind to ensure the safety of the public and the smooth completion of the BE.

As Special Constabulary Corporal (SC/Cpl) Syamil Mirza from the Ang Mo Kio Police Division put it, "helping out in the BE is a once in a lifetime opportunity". Being in the Quick Response Team, he saw first-hand how passionate people can get when supporting the political parties. I felt that the Police deserve due credit for helping to maintain the peace and order. Overall, it was a job well done by the Singapore Police Force. 🇸🇬



EXTENDED TO SIX MORE NPCS

Following the launch of the Community Policing System (COPS) in May 2012, six more Neighbourhood Police Centres (NPC) rolled out COPS over different dates from 6 Jan to 27 Jan 2013.

The six NPCs are Bishan, Punggol, Sengkang, Woodlands East, Woodlands West and Clementi NPCs.

It is another step forward in the nationwide transformation of front-line policing strategies.

Under COPS, the NPCs will be strengthened with additional resources for tackling local crime concerns and enhancing community engagement.

More Police cameras will also be installed for enhanced surveillance. Seven hundred cameras will be deployed in HDB blocks and multi-storey carparks by the end of the year. This is on top of the 300 blocks and carparks which already have Police cameras installed under COPS.

Positive Outcome of the Initial Launch

The Second Minister for Home Affairs and Trade & Industry, Mr S Iswaran, said the Police's experience

with the rollout of COPS during the first phase has been positive.

"The enhanced crime-solving capability was demonstrated through a case at Tampines NPC, where the Crime Strike Force was able to track down three bicycle thieves in September 2012," said Mr Iswaran.

"This was achievable through the Crime Strike Force's strong ground intelligence and targeted patrols in the vicinity of the crime, together with valuable footage from Police cameras. It illustrates how the NPCs will be better equipped to fight local crime under the COPS model," he added.

Launch of Two New NPCs

Among the six NPCs that rolled out COPS in this phase, two are new NPCs: Woodlands West and Punggol NPCs.

The launch of these two NPCs brings the total number of NPCs island wide to 35.

Ms Penny Low, MP for Pasir Ris-Punggol GRC, said at Punggol NPC's opening, "Punggol Town is a fast growing neighbourhood, and with the recent launch of HDB's Punggol 21 Masterplan, it is all the more important that we have our own Punggol NPC to ensure the safety and security of the town."

Residents of Punggol welcomed the launch of their new NPC. Mr Jeremy Ratnam, a resident of Punggol, said, "I believe that with the opening of the new NPC, it will be beneficial to the residents in Punggol as time needed for Police to respond to emergencies in the area will be shorter than before." 🇸🇬



SINGAPORE POLICE FORCE

7 Hours ago in Singapore • 🌐

Better Engagement with the Community

Residents in seven more areas can now connect with the Police via NPC Facebook pages.

The seven new NPC Facebook pages, together with the Tampines and Choa Chu Kang NPC Facebook pages launched last year, are separate from the main SPF Facebook page that was launched in January 2009. The NPC Facebook pages are managed by the NPCs themselves and are used to reach out to their residents on local issues. The main SPF Facebook page is managed by the SPF Public Affairs Department and is used to engage the Singaporean resident community on national-level or force-wide issues.

Do "👍 Like" these NPC Facebook pages and join in the conversations:



Clementi NPC

Government Organization



Woodlands West NPC

Government Organization



Chua Chu Kang NPC

Government Organization



Tampines NPC

Government Organization



Bukit Merah East NPC

Government Organization



Punggol NPC

Government Organization



Woodlands East NPC

Government Organization



Bishan NPC

Government Organization



Sengkang NPC

Government Organization

Close



BLAZING THE NPC OFFICERS' FOUNDATIONS

The Need for Change

To support the implementation of the Community Policing System (COPS) in 2012, the Training Command (TRACOM) made changes to the Neighbourhood Police Centre (NPC) Officers Course. The new NPC Officers Course is built upon the newly revised Police Officers Basic Course (POBC), which was highlighted in the October 2012 issue of *Police Life*. The same principle of the competency-based and modular approach to training was adopted to identify a new set of competency standards required by our NPC officers in the Ground Response Force (GRF), Community Policing Unit (CPU) and Crime Strike Force (CSF). The new NPC Officer Competency Standards articulate the knowledge, skills and performance expectations required for performing these duties at the NPC.

Laying the Foundations

The new NPC Officers Course features the following three distinctively defined competency standards, which are cumulative in nature:

Competency Standards	Duration	Implementation Date
NPC Officers Course (GRF Module)	12-week residential	10 September 2012
NPC Officers Course (CPU Module)	3-day non-residential	2 April 2012
NPC Officers Course (CSF Module)	7.5-day non-residential	2 April 2012

The GRF module equips would-be NPC officers with the fundamental knowledge required to carry out NPC duties in the GRF. Figure 1 shows how these three competency standards are built on from the POBC and when officers progress in their career in the NPCs.

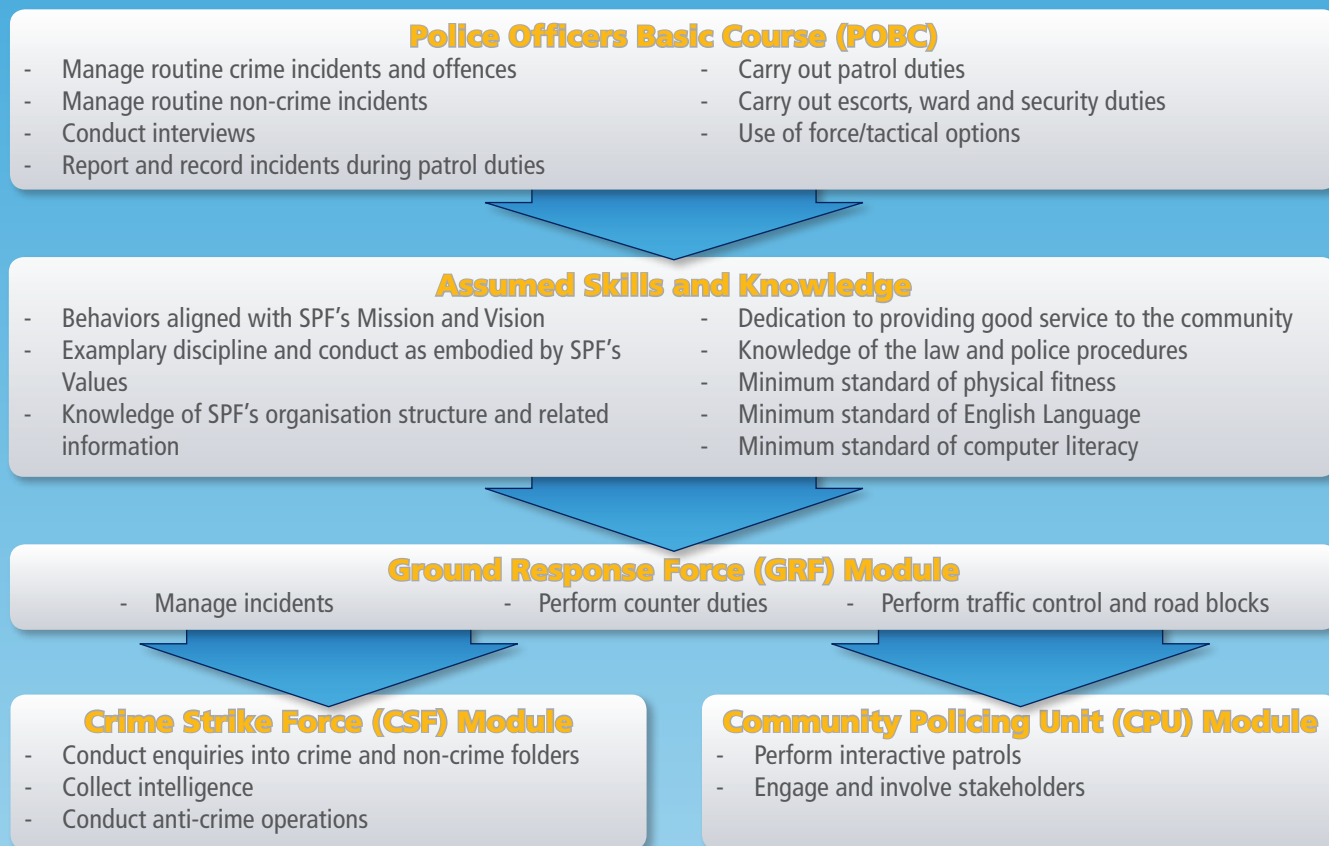


Figure 1: NPC officers will acquire the GRF competency standards first before proceeding to acquire the CPU or CSF competency standards as they progress in their careers in the NPCs

What's the Difference?

A Scenario-Based Methodology

As the training expert, TRACOM understands the gap between theory and reality. As such, we have made conscious efforts to enable our trainees to apply theoretical knowledge outside their classrooms by adopting a scenario-based training methodology throughout the new GRF module. For example, common incidents such as domestic disputes are "brought to life" at the Home Team Academy's Training Village. This allows trainees to better appreciate different case scenarios as they apply their knowledge in a simulated environment. Coupled with three attachments in NPCs over the module duration, trainees are provided with ample opportunities to gain valuable ground experience before becoming full-fledged NPC officers.

The GRF module also incorporated our belief in the importance of experiential learning into its test format. In its current training plan, scenario-based formative assessments are applied at the end of each component to track trainees' performance. This is followed by a summative assessment at the end of the 12-week residential course as an overall verification of the trainees' holistic understanding of the module contents.

All these moves aim to ensure an officer's smooth adaptation to an NPC environment after his posting.

A Self-Learning Culture

TRACOM recognises that spoon-feeding is no longer the preferred training method, and that there is a shift in the responsibility of learning from classrooms to individuals. Thus, the new GRF module advocates this approach by providing reading materials such as SOPs to trainees in softcopies in their laptop for their self-paced learning in preparation for lessons. Our trainers then facilitate the learning process through quizzes, discussions and role-plays to highlight the key points in fulfillment of the course objective.

The first batch of 63 trainees who went through the new GRF module graduated on 30 November 2012. In a preliminary interview conducted with randomly selected trainees from NPC-GRF Squad 1/2012, they commented that the new GRF module has helped them to carry out NPC duties (e.g., completing log sheets and counter duties) confidently during their attachments. Post-training evaluations with the trainees and their supervisors will be led by TRACOM to identify areas for improvement. 📌

AIRING VIEWS ON AVIATION SECURITY



Four overseas speakers took turns to share their vast knowledge on their areas of expertise when dealing with threats and facilitation in the aviation industry at the inaugural Joint Aviation Security & Facilitation Seminar, co-organised by the Airport Police Division (APD) and the Civil Aviation Authority of Singapore on 2nd October 2012.

The seminar was held to update the airport community and related agencies on the evolving threats confronting the aviation sector and how the authorities can work together with the airport community to ensure security and smooth facilitation.


Mr Michael A. Brown, an attaché with the US Transportation Security Administration (TSA) based in Singapore, shared with the audience recent cases of threats to commercial aviation such as the "*Underwear Bomber*" Umar Farouk Abu Mutallab, who hid explosives in his underwear and another incident involving Russian women who hid explosives in their undergarments to avoid security detections. Mr Brown also raised the problem of plastic explosives and how it evades detection by airport security as well as various other methods that are popular with terrorists.

The presentation by Mr Hiten Patel, First Secretary, Regional Aviation Security Liaison Officer for South Asia & Asia Pacific, Department for Transport, United Kingdom,

encompassed the current challenges faced in air cargo security, screening methodologies and regulations used to combat terror on aviation. He also touched on the recent incident where explosives were smuggled inside toner cartridges to be shipped from Yemen to the United States.

Mr Carlos "Charlie" A. Mularski, Regional Vice President, Asia-Pacific, Universal Weather and Aviation, Inc., took the group through the topic of business aviation and airport security while the last speaker, Mr John Kendall, Director of Security Program Unisys Asia Pacific Business, shared his expertise on airport security facilitation, trends and challenges and how facilitation can work together with aviation security.

A panel discussion was then chaired by Commander APD, Deputy Assistant Commissioner of Police (DAC) Sam Tee. Besides the exchange of views from participants, DAC Tee suggested that authorities must always factor in facilitation processes when drafting security regimes to ensure that passengers do not go through any unnecessary stoppages while clearing screening but at the same time ensuring that security screening remain rigid.

He also shared the future plans at the airport such as the upcoming shopping complex within the vicinity of the airport. The authorities are working together to face new challenges in protecting such an infrastructure, the interest of the public as well as businesses operating there. 



EXTRAORDINARY TAG-TEAM

2 October 2012, 7am

Like any other Tuesday, Sergeant (Sgt) Johnson Tay and his wife, Sgt Jenny Lee, headed to their workplace at Ang Mo Kio Police Division headquarters. That day, they had planned to leave work early for a family dinner, in line with the "Eat-with-your-family" welfare initiative by the Singapore Police Force (SPF).

5pm

Sgt Tay, an Investigation Officer (IO) and Sgt Lee, a PNSmen Assistant Personnel Officer, reported off-duty. They proceeded to their favourite eatery along Ang Mo Kio Street 6.

6pm

The excitement of heading to dinner together changed to anxiety when Sgt Tay spotted a man who was believed to be involved in several cases of indecent acts in the Ang Mo Kio housing estates. Prior to that, Sgt Tay and his fellow IOs had been conducting extensive ground enquiries and investigative probes to establish the identity of this suspect. Hence, in a matter of minutes, Sgt Tay was able to conclude that the appearance of the man matched the description given by the victims.

They swiftly called for back-up. Coincidentally, a few uniformed officers were nearby in a Fast Response Car and they quickly arrived at the scene.


While Sgt Tay called for resources, his wife helped keep an eye on the movements of the unsuspecting suspect. "She coordinated and responded at the scene, as an off-duty Police Officer," commented Sgt Tay for the help he received from his wife.

7pm

After thorough investigation by Sgt Tay and his fellow officers, they established enough evidence to arrest the offender. Dinner for that night became supper. To Sgt Tay and Sgt Lee, "dinner could be planned for another day, but bringing a criminal to justice and keeping potential victims safe can never be kept for another day".

The accused was fined \$2000 on 22 November 2012 for two counts of the Obscene Act with the rest of the charges taken into consideration.

The Commander of Ang Mo Kio Police Division, Deputy Assistant Commissioner of Police (DAC) Keok Tong San, commended his officers for their swift actions leading to the arrest. DAC Keok added that the Police will spare no effort to hunt down such criminals who target young foreign maids and vulnerable victims, ensuring that they are brought to justice.

Sgt Tay attributed his high level of observation skills to the various courses conducted by the Behavioural Sciences Unit that he was sent to attend, and his 13 years of experience in the SPF. The arrest made together with his wife while they were off-duty gave them both an immense amount of satisfaction. 

“ As police officers, whether we are on duty or not, we are always the “eyes on the ground”, and need to maintain law and order at all times. ”

Sgt Johnson Tay

Police FOILS “*Police*” HEIST

The Heist

The robbery was brazen and quick. On 10 September 2012, sometime before 8.45am, three suspects impersonating as Police officers confronted three victims at a second floor shop house along Dunlop Street.

The three culprits alleged that the victims were involved in illegal activities and had to conduct checks on them. Upon entry, the culprits forcibly tied the victims with cable ties and ransacked their room.

Within roughly half an hour, the culprits and their two accomplices left the scene, almost 1.3 million dollars richer.



Immediate Action

Upon receiving the Police report, more than 40 Police officers from the Central Police Division, Bedok Police Division, Criminal Investigation Department and Police Intelligence Department immediately sprung into action, pounding the streets, hunting down the suspects.

Pursuing different leads, officers conducted extensive ground enquiries and worked around the clock, determined to capture the perpetrators of the crime.

Police made their first breakthrough on 12 September 2012 at around noon when they captured the first suspect along Serangoon Road during a raid.

Police then swooped in on the other four suspects in quick succession in Simei, Joo Seng, Serangoon Road and Bukit Panjang.

During the arrest, cash amounting to \$842,400 and their get-away vehicle were seized.

Determination the Key Factor

"The determined and steadfast



attitude of all the officers involved was instrumental towards apprehending the suspects," said Assistant Superintendent of Police Burhanudeen H J Hussainar, Officer-in-Charge, Property Offender Squad, Central Police Division. He was the head of this operation.

Commander of Central Police

Division, Deputy Assistant Commissioner of Police Daniel Tan, commended all the officers involved in this case for their excellent collaboration and round the clock operation, which led to the quick arrest of the suspects and the successful solving of this case. 🇸🇬

How to Verify if a Person is a Genuine Police Officer

All police officers are issued with a Singapore Police Force Warrant Card, which is proof or verification that the officer is a police officer. If our officers are in plainclothes, they will identify themselves by producing the warrant card. A genuine warrant card will have identification features such as the Police crest, the photo of the officer, his name and NRIC number.

Always be vigilant and be wary of persons who may impersonate as Police Officers. If in doubt, you should request for the Police Officer's Warrant Card to verify his identity before complying with the instructions of the officer.

If you are still unsure of the person's credibility as a Police Officer, you should call 999 for assistance.



SMALL STEPS



TOWARDS A **BETTER** YOU

As we try to balance work commitments and family responsibilities on a daily basis, we often forget about ourselves. Over time, as we get busier, we sleep less, worry more and eventually stop exercising altogether.

When people realise that their health is spiralling downwards, they tend to look for quick fixes such as crash diets and intense exercise plans.

But if you have not been taking care of yourself for years, you are not about to change everything within a day or even a month for that matter. Strive towards improving bit by bit. Here are a few tips to make it work:



Start Now

Avoid waiting for the first day of the month or a Monday to start exercising. When you do that, you will tend to aim for a perfect exercise schedule. Missing one session may lead you to abandon the other sessions for the rest of the week to start again the following Monday. So start now!

Focus On Short Term Improvements

It is good to set a long-term weight target but do not be overly obsessed with the final number. Focus on the short term improvements. For example, if you are targeting to drop your weight from 85kg to 75kg, remember that 79kg is better than 80kg. Small steps are safer than a giant leap.

Start Small

Five minutes of jogging is better than not jogging at all. The challenge is to put on your shoes and get out there. When you start with too intensive a workout, you will not enjoy what you are doing and eventually burn out.

Get New Gear

Your old running shoes which have not seen daylight for years may not give you the support you need anymore. Besides, getting new shoes and training clothes will get you more excited to train.




Do What You Like

If you hate jogging, don't do it. The beauty of designing your own training programme is that you can choose whatever you want to do. Go cycling, swimming or get a group of friends for a session of futsal. Do something you enjoy and the chances of it becoming part of your lifestyle is a lot higher.

Eat Right

Don't deny yourself of food that you like. Cutting down is good enough. If you eat fast food three times a week, cut down to once a week. Quitting cold turkey will make you hungry, get cravings and overeat.

Get Enough Sleep

Perfection is getting eight hours of sleep every day but since we are not aiming for perfection, get to bed as early as you can instead of watching TV or bringing work home. You will feel refreshed to work and play harder the next day. 





A FORCE FOR THE NATION